



# 40 Days of Giving in Lent

This Lent, instead of giving up something, let's give back!

Each day add an item to a box:  
you may use the following suggestions, or choose your own item!

Bring your box to church on Easter Sunday!

Feb 22 - can of corn

Feb 23 - can of soup

Feb 24 - macaroni and cheese

Feb 25 - rice

*Feb 26 - pray for our Food Pantry  
and its clients*

Feb 27 - can of green beans

Feb 28 - spaghetti sauce

March 1 - spaghetti noodles

March 2 - cornbread mix

March 3 - can of peas

March 4 - can of soup

*March 5 - pray for our Food Pantry  
and its clients*

March 6 - box of cereal

March 7 - protein drink

March 8 - granola bars

March 9 - can of tomatoes

March 10 - can of carrots

March 11 - can of pears

*March 12 - pray for our Food Pantry  
and its clients*

March 13 - can of tuna

March 14 - adult incontinence item

March 15 - instant mashed potatoes

March 16 - can of mixed veggies

March 17 - peanut butter

March 18 - box of crackers

*March 19 - pray for our Food Pantry  
and its clients*

March 20 - soap

March 21 - grits

March 22 - can of chili

March 23 - can of beans

March 24 - can of peaches

March 25 - oatmeal

*March 26 - pray for our Food Pantry  
and its clients*

March 27 - toilet paper

March 28 - spaghetti sauce

March 29 - protein drink

March 30 - rice

March 31 - can of soup

April 1 - box of cereal

*April 2 - pray for our Food Pantry  
and its clients*

April 3 - can of corn

April 4 - can of tomatoes

April 5 - can of green beans

April 6 - can of fruit

April 7 - adult incontinence item

April 8 - can of soup

*Beulah United Methodist Church Food Pantry*  
5284 Lee Road 270, Valley, AL 36854

Bring your donations on Easter Sunday or call (334) 745-4755 to schedule a time to drop them off.